

MindWell provides gender affirming therapy to clients across all identities. We believe that gender affirming care can be lifesaving for trans and nonbinary individuals. MindWell supports all individuals' right to explore and express their gender identity. All employees of MindWell will use the name and pronouns that clients identify. Clinicians support clients in their exploration of their gender identity and expression. This includes facilitating discussions of gender identity, helping clients consider options for gender expression, and supporting patients' informed decisions around gender expression, including medical intervention. Our services are guided and informed by best practices developed by the World Professional Association for Transgender Health (WPATH).