



Locations: Positions available in Ithaca, NY, Albany, NY, Burlington, VT; on-site

Job Position: Staff Clinician

Position Type: Full time and Part time available

MindWell is a group practice providing outpatient individual and group therapy to children, adults and couples. We have three locations: Albany, New York; Ithaca, New York; and Burlington, Vermont. Across these sites we serve clients in person and by telehealth, enhancing access to mental health care in underserved regions of New York State and Vermont. Each MindWell site is rooted in its local community through partnerships with and outreach to educational institutions and community mental health organizations. Clinicians benefit from access to their colleagues across all sites for consultation and sharing of resources.

MindWell fosters an anti-oppressive, anti-racist and LGBTQ+ affirming approach to therapy. We take pride in creating a values driven work culture that is supportive, inclusive and allows you to show up authentically as a person and clinician. MindWell offers: competitive compensation; a flexible schedule; supervision and training in research based care; supervision toward licensure; health care and retirement benefit options; and full administrative support.

We are seeking interpersonally effective doctoral and master level clinicians skilled at providing research-based care (CBT, ACT, DBT, IFS, IPT). Each therapist at MindWell has their own unique approach to counseling, however, we share a common goal of providing quality, effective, research based, and culturally informed treatment.

***We enthusiastically encourage applicants from underrepresented identities to apply. We believe that diversity is always a strength, and inclusive environments add tremendous value to both our clients' and colleagues' experiences.

Qualifications of Prospective Applicants:

- Licensed or pre-licensed psychologists (PhD and PsyD) and license eligible master's level clinicians (LCSW, LICSW, LMSW, LMHC, MHC-LP)
- Clinicians interested in autonomy with the support of a skilled administrative team to manage scheduling and billing

- Clinicians who value a collaborative approach to clinical work that fosters the sharing of knowledge, expertise and experience and ensures that clinicians do not have to face clinical decisions independently.
- Clinicians needing to accrue clinical hours towards licensure while receiving high quality supervision and training

Benefits of Joining MindWell Psychology

- Competitive compensation
- Healthcare benefits (health, vision and dental)
- Matching retirement plan
- 4 weeks of PTO for full time staff plus 10 days of paid holidays per year
- Annual bonus compensation potential
- \$1,000 yearly stipend for advanced training/professional development
- One day dedicated to professional development yearly.
- Meaningful and responsive individual and group supervision
- Administrative support to build a caseload reflective of your clinical expertise and professional goals
- Minimal paperwork and administrative coordination with clients
- Collegial and supportive work environment

Training & Mentorship

- MindWell values opportunities to mentor and train the next generation of therapists to be compassionate, culturally informed, effective and sustainable practitioners.
- Provide training and supervision to graduate students (externs) in the fields of social work and clinical/counseling psychology.
- Opportunities to lead didactics/teach on areas of specialization

Duties

- Provide psychotherapy services to a caseload of 25-30 clients weekly for full time clinicians
- Maintain case notes, treatment plans, and other required documentation in a timely manner
- Participate in weekly case consultation and meetings

Requirements (If you do not meet one or more of these requirements, please offer an explanation in your cover letter):

Possess a PhD, PsyD, MHC, MPC, LMHC, LCSW, LICSW, LMSW and licensed in New York State or Vermont (or be in the process of receiving your license/finishing the licensing exam)

- Actively anti-racist and driven to provide safe, inclusive, identity affirming care
- Education, training, and direct clinical training in implementing modalities such as DBT, ACT, CBT, IFS, mindfulness treatments, trauma-informed practices
- Excellent written and spoken communication skills
- At least one year of experience providing psychotherapy

****Please submit resume/CV and cover letter to sarah@mindwellcenter.com ****